**Monday**

* **Work**: 8 hours
* **Study**: 2 hours (Evening: 7:30 pm – 9:30 pm)
  + Topic: Review last week's material or start a new concept (e.g., DOM manipulation or React basics)
  + Practice: 1-2 coding exercises to reinforce learning

**Tuesday**

* **Work**: 8 hours
* **Study**: 2 hours (Evening: 7:30 pm – 9:30 pm)
  + Topic: Continue with project or new topic (JavaScript fundamentals, APIs)
  + Practice: Work on project tasks or small assignments

**Wednesday**

* **Work**: 8 hours
* **Study**: 2 hours (Evening: 7:30 pm – 9:30 pm)
  + Topic: Deep dive into a complex topic (e.g., async/await, Node.js)
  + Practice: Coding exercises focused on advanced JavaScript concepts

**Thursday**

* **Work**: 8 hours
* **Rest Day/No Study**

**Friday**

* **Work**: 8 hours
* **Rest Day/No Study**

**Saturday**

* **Work**: Free
* **Study**: 3 hours (Morning: 10:00 am – 1:00 pm)
  + Topic: Project work (building components, full-stack functionality)
  + Practice: Work on the website project, implementing new features
* **Study**: 1 hour (Afternoon: 3:00 pm – 4:00 pm)
  + Topic: Refactoring and testing code, or solving coding challenges

**Sunday**

* **Work**: Free
* **Study**: 2-3 hours (Morning: 10:00 am – 1:00 pm)
  + Topic: Project work, completing the weekly goal (e.g., integrating the frontend and backend)
  + Practice: Code reviews and debugging